



The artwork above is by the artist **Alice Maher** and is part of the UCC Art Collection. Climate Action and Sustainability priority strand for the Glucksman’s community programmes. We are proud to partner with UCC Green Campus on creative projects that explore environmental issues. You can find out more here: <http://www.glucksman.org/discover/community/climate-action-and-sustainability>

This week’s **#creativityathome** activities encourage you to think about sustainability and individual action, we're inviting you to make your own homemade art materials.

**CREATIVE EXPLORATION**

All of us can play a big part in protecting the environment and there are many ways to do this. Our friends at **UCC Green Campus** encourage us to think about ways we can reduce, reuse and recycle. Today, we’re looking at ways we can reuse old clothing to make exciting fashion projects!

Can you identify items of clothing in your house that could be reused or upcycled? Perhaps you have clothes hidden in your wardrobe that you didn’t know you had?

Everyone has their own unique fashion style, from casual to vintage, goth to chic, what we wear can say a lot about our interests. What styles do your friends and family have? Can you draw them in their different fashion styles.

**ART ACTIVITY**

**MATERIALS:** Jewellery - Cord/string, cardboard, paints, bottle tops, wooden beads, leaves, seed pods  
 Costume design – paper, pencil, colour pencils or markers

Today, you are going to make our own jewellery from recyclables and found objects and you can design your very own superhero costume.

## **Activity 1: Recycled Jewellery**

Making your own art materials is a fun and creative way to encourage sustainability in your home. You'll need to get some help finding the basic household items listed above.

Check out our tutorial video for a step by step guide.

Paint a piece of cardboard using lots of different colours.

Leave to dry.

Cut up pieces of the cardboard to make different size and shaped beads.

Punch a hole in the centre of each of the beads.

Ask an adult to pierce a hole in the top of the bottle caps.

String up all of your items and tie a knot to create your necklace.

## **Activity 2: Design a superhero costume**

Did you ever wonder if you were a superhero? Well, it's time to find out! We're inviting you to create your own superhero costume from old clothes, hats and scarfs that you have around your house.

With the help of an adult gather together a range of old clothes and let's begin designing!!

Grab a sheet of paper and draw yourself posing like a superhero. On a separate piece of paper begin sketching and colouring in the different items of clothing you have found. Cut out the drawings of the clothes. You can begin assembling the clothes on to your portrait. Remember often superheroes have unusual styles so don't be afraid to be imaginative!

We would love to see what artworks you create. Ask your parents or guardian to share them with us on the Glucksman's and through their [Facebook](#), [Instagram](#) and [Twitter](#) accounts and we will post them to our online galleries on our website.

[www.glucksman.org](http://www.glucksman.org)